

No shoes. No shirt. No problem!

SWIM MEET

Entries Open: Monday, February 2nd

Entries Close: Wednesday February 11th @ Meet. Each event will close 10 minutes before the first heat.

Play Begins: Wednesday, February 11th @ 9pm. Warm-ups and registration will begin @ 8:30pm in the Colvin Center Indoor Pool.

Order of Events: Events will begin promptly @ 9 pm with the 200 yd Medley Relay followed by 50 yd Breast, 50 yd Back, 50 yd Free, 50 yd Fly, 100 yd Free, 100 yd Ind. Medley, and the 200 yd Free Relay.

Tournament Structure: There will be no preliminary heats. **ALL HEATS ARE FINALS!** Times will be compared to determine winners.

Leagues Offered: Men's and Women's.

Restrictions: An individual has no restrictions; however, team members may only compete in four (4) of the eight (8) events.

Awards: Intramural Champions T-shirts will be given to the winners of each league champion. All-University points will be awarded for those teams competing in the points race.

Equipment: Participants must provide all necessary equipment. Intramural sports will not provide any equipment for this event. **(SWIMMING ATTIRE REQUIRED.)**

Forfeit Fee: A \$10 fee will be assessed to the forfeiting individual. Participants may concede before Wednesday February 11th @ 12pm or send a substitute.



For More Information:

*Visit the Intramural Sports Office~ 104 Colvin Recreation Center~ Stillwater, OK 74078 ~ Tel: 405-744-7407
Fax: 405-744-7531 or online @ <http://campusrec.okstate.edu/> for entry forms, captains' meeting times,
schedule information, results and playoff information.*

Smack That!!! 6TH ANNUAL- BELLY FLOP COMPETITION.



Structure: This event will coincide with the Intramural Swim Meet on February 11th, 2009. Registration will begin at 9:00pm with first flop at 9:30pm. Each participant will be given two (2) attempts and five (5) contestants will be brought back for finals. **Speedos are not mandatory but are definitely encouraged.**

Prizes: An Intramural Champion shirt will be given to the best flop judged on style, gracefulness, and pain. All-University points will not be awarded for this event.