

# Nutrition Counseling Request Form

Date \_\_\_\_\_

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

E-mail address \_\_\_\_\_

Student \_\_\_\_\_ Graduate \_\_\_\_\_ Sr \_\_\_\_\_ Jr \_\_\_\_\_ Soph \_\_\_\_\_ Fresh \_\_\_\_\_

Faculty \_\_\_\_\_ Staff \_\_\_\_\_ Other \_\_\_\_\_

What prompted you to request nutrition consultation? Do you want to lose weight \_\_\_\_\_, gain weight \_\_\_\_\_, prepare for a sporting event \_\_\_\_\_ other \_\_\_\_\_

Initial visit will always be a 60 minute session. Follow up visits are 30 minutes in length unless requesting otherwise. **Payment is required before a consultant is contacted.**

60 minute session - \$35, can be charged to your bursar \_\_\_\_\_

30 minute session - \$20, can be charged to your bursar \_\_\_\_\_

Please indicate below with which of our staff you prefer to schedule:

Gena Wollenberg-Crenshaw \_\_\_\_\_

Megan McChesney \_\_\_\_\_

No Preference \_\_\_\_\_

You will be contacted within five business days to set up your appointment. Your form will be given to either Gena or Megan. She will contact you in order to schedule your appointment and to answer any initial questions you might have. At this time, she will give you her contact information so that if you are unable to keep your scheduled appointment, 24 hours notice is needed for cancellation or you may be charged a \$20 fee. Also, please take the Nutrition and Eating Habits Questionnaire. This is to be filled out before you meet with the nutrition consultant. She will explain the details of the questionnaire when she contacts you.